

Cognitive Flexibility Lunch & Learn Resources

Children's Books

Not a Stick by Antoinette Portis

Not a Box by Antoinette Portis

Bubble Gum Brain: Ready, Get Mindset...Grow! By Julia Cook

Your Fantastic Elastic Brain: Stretch It, Shape It by JoAnn Deak

Ish by Peter Reynolds

The Dot by Peter Reynolds

Superflex by Stephanie Madrigal

The Magical Yet by Angela DiTerlizzi

My Day is Ruined by Bryan Smith

Websites

www.socialthinking.com (Michelle Garcia-Winner)

www.livesinthebalance.org (Ross Greene)